High vaping rates among youth and young adults have introduced a plethora of new terms and keeping up with the latest lingo can be difficult. If you are wondering what the young people in your life are talking about, here is a list of some popular words, phrases, products and general language used to refer to vaping/e-cigarette use.

**CLOSED POD SYSTEM**

A type of device that uses disposable pods containing e-liquid (typically ~200-500 puffs). The body of these devices can be recharged and the disposable pods can be replaced with new compatible pods.

**OPEN/REFILLABLE SYSTEM, REFILLABLE DEVICES**

These systems require vape juice and come in three varieties: box mods, pens and refillable pods. These devices have tanks or pods that are continuously refilled with vape juice and the pods/tanks are not thrown away after one use. These systems are used more by “hobbyist” vapers because they require more upkeep and are typically modified to be able to do tricks.

**DISPOSABLES**

Devices that are not refillable and are intended for one-time use. These typically have ~200 puffs and some examples include Puff Bars, Stig, Pop, Posh, Hyde and Cuvie (HQD).
Ghost A vape trick where a user will pull as much as they can and not exhale to show toughness

Blanks Empty cartridges a user can fill with the e-juice of their choice

Cartridge, Cart A refillable vape juice container

Charger Used to recharge the e-cig battery once it has been depleted

Clone A knock-off of an original device that is typically less expensive

Clouds What vapers call the vape mist that’s produced during vaping

Dab pen A Dab pen is used primarily for consuming THC concentrates and using the device is typically also referred to as “vaping.” These devices look and work much like other vape pens.

Dank Vapes The “most prominent in a class of largely counterfeit brands, with common packaging that is easily available online and used by distributors to market THC-containing cartridges,” according to a Centers for Disease Control and Prevention report on e-cigarette or vaping product use-associated lung injury. (see: EVALI)

EVALI E-cigarette or vaping product use-associated lung injury. The CDC created the term in response to a multi-state outbreak of severe lung illnesses linked with using e-cigarette and vaping products. These cases were first identified in August 2019 and by November 5, 2019, there were more than 2000 cases in 49 states, D.C. and the U.S. Virgin Islands and 39 deaths.

Fiend, Fiending Someone who is always trying to find nicotine (they may or may not think they’re addicted)

Ghost A vape trick where a user will pull as much as they can and not exhale to show toughness

Hit, Dab, Rip, Ripski, Draw, Tax, JUUL, Drag Refers to a single “puff” from a vape device

Juice, E-liquid, Liquid, E-Juice The liquid that is vaporized when using an e-cigarette

Greener Act of throwing up after hitting THC

JUULius Caesar, JUULia, JUULiet, JUULian, JUULio, JUJU, JUU etc. Nicknames for JUUL

Milligrams (mg) The measure for the amount of nicotine found in vape juice

Milliliters (ml) The measure for the amount of liquid in a pod/cartridge

Mint Gang, Mango Gang A group that vapers can identify with if they are mint or mango vape juice users

Mod A third generation e-cigarette that does not resemble combustible cigarettes. These devices often allow users to customize the batteries, tanks and coils within the device to modify the temperature, voltage and resistance to create different clouds.

Nic Nicotine

Nic Sticc, Wop Machine, Wop Nicknames for vape devices

Nick Sick Refers to non-specific symptoms of exposure to nicotine, especially if it is above someone’s tolerance

Pod A non-reusable pre-filled container of vape juice that snaps/slides into a device

Puff Bars A disposable vaping product that comes in a variety of flavors, including strawberry, lychee, ice, OMG (orange, mango, guava), blue razz, watermelon and lush.

Rip it Refers to vaping as much as a user can tolerate

Skin A sticker that the user can wrap their device in to personalize it

Starter Kit A kit that includes basic e-cigarette equipment designed for newcomers to vaping. Most starter kits come with one or more atomizers, one or more batteries, a charger and five cartridges sometimes pre-filled with juice.

Stig A disposable vaping device that comes in a variety of flavors, has about as many puffs as an entire pack of cigarettes and contains 1.2mL of salt-based nicotine e-liquid

Tank The top portion of a box mod or refillable pen that holds the e-liquid

Throat Hit/Kick The tingling feeling in the back of the throat when vaporizing e-liquid that contains nicotine

Vape Juice/E-Juice Vape juice is used in open/refillable systems and comes in a variety of flavors. Vape juice typically contains nicotine and is made of vegetable glycerin or propylene glycol, water and flavorings. There are more than 7,000 e-juice flavors on the market including menthol, fruit, dessert, coffee, alcoholic beverage and cigar flavors.

Vape Nation A collective group of vapers who pride themselves on vape tricks and promoting them

Vapors Tongue Taste buds that have become desensitized

Vit E Vitamin E Acetate, which has been linked to illness related to vaping THC

Zero, Stealth Mode When a user does not release the e-cigarette vapor after taking a puff in an attempt to hide their use

ZYN A nicotine pouch brand that comes in several flavors and nicotine strengths. Nicotine pouches are a type of smokeless product that dissolves in the mouth.

To learn more about vaping and e-cigarette use among youth and young adults visit www.truthinitiative.org.